

Farncombe CofE Infant School



Personal, Social, Health Education (PSHE) Policy including Relationships, Health and Sex Education (RHSE)

'For I know the plans I have for you.....plans to prosper you and not harm you, plans to give you hope and a future.' Jeremiah 29;11

This policy was last reviewed: Autumn 2022

This policy will be reviewed next: Autumn 2023

Review frequency: Annually

Approved by: Governing Body

All schools must provide a broad and balanced curriculum that meets the needs of all pupils. Under section 78 of the Education Act 2002, a PSHE curriculum should:

- Promote the spiritual, moral, cultural, mental and physical development of pupils
- Prepare pupils at school for the opportunities, responsibilities and experiences of later life.

We teach PSHE as a whole school approach. To ensure a clear progression of skills and understanding we follow the 'Jigsaw Programme' through weekly lessons.

Intent

At Farncombe Infants we want our pupils to be confident in sharing their views and opinions. The intent for the jigsaw approach states that 'Jigsaw hold children at its heart, and its cohesive vision helps children understand and value how they fit into and contribute to the world.' Through this approach we aspire for our pupils to grow and develop in a safe and nurturing environment, where they are able to express themselves and gain a further understanding of themselves as a unique person.

Implementation

Our whole school approach to PSHE is delivered through the online scheme 'Jigsaw' a mindful approach to PSHE. The curriculum is split in six units, one taught each half term. The curriculum equips our children with meaningful content that places an emphasis on building resilience, nurturing both mental and physical health and communication and language skills.

Jigsaw covers all areas of PSHE including statutory Relationships and health Education. The table below shows the six units covered throughout the year. The learning deepens and broadens every year.

Term	Puzzle piece (unit)	Content
Autumn 1	Being me in my world.	Includes understanding my own identity and how I fit well in the class, school and global community.
Autumn 2	Celebrating difference.	Includes anti bullying and understanding.
Spring 1	Dreams and goals.	Includes goal setting, aspirations, who do I want to become.
Spring 2	Healthy me.	Includes healthy lifestyle choices, drugs (medicines) sleep, nutrition, rest and exercise. (Also covered in Science) Self-esteem and confidence.
Summer 1	Relationships.	Includes understanding friendships, family and other relationships, conflict resolution and communication skills, bereavement and loss.
Summer 2	Changing me.	Includes Relationships and Sex education in the context of coping positively with change. (Also covered in science)

Impact

Our teaching of PSHE will lead to pupils

- Being able to recognise, understand and manage their own emotions
- Understand who they can trust and ask for support
- Be on their way to maintaining a healthy lifestyle
- Recognise differences and have some understanding of diversity
- Demonstrate self confidence and self-esteem
- To have developed and maintained healthy relationships with peers and adults
- Show respect to themselves and others
- Understand the physical aspects involved in teacher RSE at a level appropriate to them

Assessment

Assessment is through questioning thought lessons to gauge learning and understanding. Children are encouraged to talk and share ideas, through the use of the class 'puzzle piece'. Children's written work, drawings and photographs are also used as assessment material. Children have the opportunity for self-assessment at the end of each lesson through the 'My Jigsaw Learning' sheet.

Recourses

All online resources are provided through the Jigsaw website.